



## PERSONAL REFLECTION

Take some time to be still before God. Focus your thoughts on Him. Slow down and be with God. Listen.

When you are ready, read Psalm 8

### **Psalm 8**

*For the director of music. According to gittith. A psalm of David.*

*Lord, our Lord,  
how majestic is your name in all the earth!*

*You have set your glory  
in the heavens.  
Through the praise of children and infants  
you have established a stronghold against your enemies,  
to silence the foe and the avenger.  
When I consider your heavens,  
the work of your fingers,  
the moon and the stars,  
which you have set in place,  
what is mankind that you are mindful of them,  
human beings that you care for them?*

*You have made them a little lower than the angels  
and crowned them with glory and honour.  
You made them rulers over the works of your hands;  
you put everything under their feet:  
all flocks and herds,  
and the animals of the wild,  
the birds in the sky,  
and the fish in the sea,  
all that swim the paths of the seas.*

*Lord, our Lord,  
how majestic is your name in all the earth!*

What words or phrases stand out?

How would you like to respond?





## REFLECT

As you reflect on the content you heard at the Regional Summit, whether through the all-together sessions, workshops, conversations, or discussions, what has God been saying to you?

Use the following questions to prompt your thinking. Choose the ones that are helpful. You don't need to answer all of them.

What was new for you?

What challenged you?

What encouraged you?

What inspired you?

What are you excited to try?

In what ways do you sense the Holy Spirit's prompting?



What threads did you see God weaving through your conversations, interactions, and thoughts over the Summit?

Are there key words/phrases/pictures that come to mind?

What are you feeling resistance to?

What are the barriers/challenges/obstacles that you see hindering a way forward?

## **PLAN**

Take some time to discern what the next steps are.

What are three points from this reflection that you want to pursue, think about further or action?

What will you share with your ministry group in the group reflection time?



# MINISTRY TEAM REFLECTION



## **PRAY**

Take some time to pray together as a team.

## **READ**

1 Corinthians 1:18 - 30

## **LISTEN & SHARE**

Take turns to share with the group from your personal reflections. This is not a discussion time but rather a chance to listen to each other. There will be time to discuss later.

Listening well means not interrupting or interjecting with your own ideas, opinions, or solutions. It means not judging or assuming you know what is coming next. Give the person speaking your full attention. Listen without preparing what you will say next or in response. Just listen.

You may want to make notes.

## DISCERN

As a group, discuss what have been the common themes, ideas, questions, phrases, or pictures that you have heard. Ask questions to clarify any points others have made in the listening section. Use post it notes or a whiteboard to collate ideas.

Where do we sense God is directing our attention?

Where is he inviting us to go deeper?

What are we feeling resistance to? Why?

What are the barriers/challenges/obstacles that we see hindering a way forward?

What ideas do we want to pursue? Which ones should we park for now?

## PLAN

Decide as a group what the next steps are.

Make a plan for further prayer, discussion or action on the points agreed on above.

